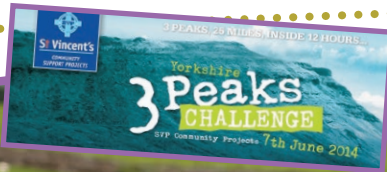




St Vincent's  
a place of help, hope and opportunity

[www.stvincents-svp.org.uk](http://www.stvincents-svp.org.uk)

# Summer 2014 Newsletter



## Climb every mountain

**St Vincent's supporters braved torrential rain and winds on 7th June this year, taking part in the annual 3 Peaks Challenge.**

Walkers took on the three highest peaks in Yorkshire – Pen-y-Ghent (694m), Wharfedale (736m) and Ingleborough (723m) – covering a total distance of around 25 miles on a circular route, and climbing (and descending) 1672m, before arriving back in Ribblesdale! This was made more of a challenge than usual by the weather, but walkers persevered to raise money to support St Vincent's and other SVP projects across West Yorkshire.

For two York women, Julie Stafford and Barbra Sutton Carter, this year is the third time they have completed the St Vincent's Three Peaks Challenge. The rain was the strongest they had seen, but it's something they are getting used to! Julie tells us:

"Every year we keep our fingers crossed that the weather will be kind but so far we've only ever walked in heavy rain and wind. I'm told the view from the top of the peaks is beautiful, but so far we've not really managed to enjoy it!"

### Personal sense of achievement

Julie explains why they are motivated to complete the challenge each year: "For us, it's a great personal sense of achievement to be able to complete such a tough challenge, but it's also great to be part of the SVP team on the day. The walk is brilliantly organised, the support crew are on hand during the walk with dry clothes, food, water and words of encouragement. It's great for us to know we're supporting such a fantastic cause."

Next year in early June Julie and Barbra will take the challenge for a fourth time, with fingers crossed for sunshine. Later in 2015 there will also be a group of supporters taking on the National 3 Peaks Challenge for the SVP! If you would like more information or are interested in taking part, contact Caitlin on 0113 248 4126.

There is still time to sponsor this year's brave walkers for their efforts! SVP volunteer Stuart Milner is fundraising online at <http://uk.virginmoneygiving.com/StuartMilner>

## 18th Birthday bunting

To celebrate our 18th year, we have been asking our staff, volunteers, friends, customers and supporters to decorate a piece of bunting, which will be hung up at our birthday garden party on 28th June! We have had some lovely pictures and messages sent to us on bunting, but we particularly like this one, beautifully decorated by Elliot, age 5.



**Our fundraising team is looking for volunteers to help organise events such as coffee mornings, toy sales and bake sales. If you've got lots of enthusiasm and enjoy meeting people, we'd love to hear from you!**

Please contact Caitlin on 0113 2484126 or email [caitlin.branagan@stvincents-svp.org.uk](mailto:caitlin.branagan@stvincents-svp.org.uk)